

14. Internationaler Triathlon Thülsfelder Talsperre am 08.08.2010

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
1	1	Korzuschnik, Alexander	93	VTB Triathlon Varel	mJA	1	1:02:33 Schwim = 00:09:49 (3) - Rad = 00:52:44 (84) - Lauf = 00:00:00 ()
2	2	Unnewehr, Jan Frederick	89	1. TCO "Die Bären"	TM20	1	1:02:56 Schwim = 00:09:22 (1) - Rad = 00:53:34 (89) - Lauf = 00:00:00 ()
3	3	Thomalla, Sören	82	Team Laufrusch e.V.	TM25	1	1:03:59 Schwim = 01:03:59 (135) - Rad = 00:00:00 () - Lauf = 00:00:00 ()
4	4	Riesenbeck, David	86	Blau Weiss Lohne	TM20	2	1:04:51 Schwim = 00:11:02 (9) - Rad = 00:33:49 (14) - Lauf = 00:20:00 (6)
5	5	Pancratz, Johannes	87	ESV Tri-Team	TM20	3	1:05:16 Schwim = 00:11:26 (14) - Rad = 00:53:50 (90) - Lauf = 00:00:00 ()
6	6	Blömer, Christian	81		TM25	2	1:05:36 Schwim = 00:11:03 (10) - Rad = 00:54:33 (94) - Lauf = 00:00:00 ()
7	7	Hackober, Sven	67	Oldenbürger, Tri-Tra-Trullalla	TM40	1	1:05:41 Schwim = 00:10:59 (8) - Rad = 00:54:42 (95) - Lauf = 00:00:00 ()
8	8	Schwoll, Marcus	73		TM35	1	1:06:00 Schwim = 00:10:45 (6) - Rad = 00:55:15 (98) - Lauf = 00:00:00 ()
9	9	Walz, Christian	71	LC Hansa Stuhr Tri-Wölfe	TM35	2	1:06:14 Schwim = 00:09:52 (4) - Rad = 00:36:32 (24) - Lauf = 00:19:50 (4)
10	10	Düthmann, Christian	83	Mönchengladbacher TV 1848 e.V.	TM25	3	1:06:19 Schwim = 00:10:58 (7) - Rad = 00:55:21 (99) - Lauf = 00:00:00 ()
11	11	Köster, Clemens	73	MTV Aurich Triathlon	TM35	3	1:06:35 Schwim = 00:11:21 (13) - Rad = 00:35:25 (15) - Lauf = 00:19:49 (3)
12	12	Olberding, Patrick	94	Tri Team TuS Engter	mJA	2	1:07:18 Schwim = 00:11:50 (18) - Rad = 00:35:28 (16) - Lauf = 00:20:00 (7)
13	13	Reiffers, Jan	66	GVAV Triathlon	TM40	2	1:07:20 Schwim = 00:11:28 (15) - Rad = 00:36:07 (21) - Lauf = 00:19:45 (2)
14	14	Pelka, Alfred	68	Laufftreff Ramsloh	TM40	3	1:07:38 Schwim = 00:12:01 (20) - Rad = 00:35:28 (17) - Lauf = 00:19:55 (5)
15	15	Höhle, Carsten	72	BW Lohne	TM35	4	1:08:01 Schwim = 00:22:09 (118) - Rad = 00:25:22 (3) - Lauf = 00:20:30 (8)
16	16	Richard, Rembert	65	VFL Löningen	TM45	1	1:08:12 Schwim = 00:13:23 (38) - Rad = 00:54:49 (96) - Lauf = 00:00:00 ()
17	17	Frerichs, Manfred	58	Emder LG	TM50	1	1:08:52 Schwim = 01:08:52 (136) - Rad = 00:00:00 () - Lauf = 00:00:00 ()
18	18	Moormann, Guido	67	Team Westpoint	TM40	4	1:08:56 Schwim = 00:14:40 (58) - Rad = 00:54:16 (92) - Lauf = 00:00:00 ()
19	19	Schwarte, Dieter	64	Engel-Quakenbrück	TM45	2	1:09:14 Schwim = 01:09:14 (137) - Rad = 00:00:00 () - Lauf = 00:00:00 ()
20	20	Strebe, Jens	69		TM40	5	1:09:28 Schwim = 00:12:21 (23) - Rad = 00:36:10 (22) - Lauf = 00:20:57 (11)
21	21	Haas, Sebastian	84	Blau Weiss Lohne Triathlon	TM25	4	1:09:47 Schwim = 00:13:50 (44) - Rad = 00:55:57 (101) - Lauf = 00:00:00 ()
22	22	Ehrentraut, Mathias	79	1. TCO »Die Bären«	TM30	1	1:09:50 Schwim = 00:11:57 (19) - Rad = 00:57:53 (103) - Lauf = 00:00:00 ()
23	23	Bittner, Thorsten	66	TB6/07 Burg Gredesch	TM40	6	1:10:38 Schwim = 01:10:38 (138) - Rad = 00:00:00 () - Lauf = 00:00:00 ()
24	24	Flerichs, Samuel	93		mJA	3	1:10:44 Schwim = 00:11:15 (12) - Rad = 00:59:29 (109) - Lauf = 00:00:00 ()
25	25	Gebhardt, Christian	77	BV Garrel	TM30	2	1:10:54 Schwim = 00:12:08 (21) - Rad = 00:37:45 (31) - Lauf = 00:20:49 (10)
26	26	Schul, Dennis	75		TM35	5	1:11:00 Schwim = 00:13:21 (37) - Rad = 00:57:39 (102) - Lauf = 00:00:00 ()

14. Internationaler Triathlon Thülsfelder Talsperre am 08.08.2010

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
27	1	Walker-Olberding, Nicole	68	Tri Team TuS Engter	TW40	1	1:11:05 Schwim = 00:11:40 (16) - Rad = 00:59:25 (108) - Lauf = 00:00:00 ()
28	27	Abdorf, Marcel	62	SG-Findorff	TM45	3	1:11:15 Schwim = 01:11:15 (139) - Rad = 00:00:00 () - Lauf = 00:00:00 ()
29	28	Griebenow, Lars	72		TM35	6	1:11:35 Schwim = 00:13:58 (47) - Rad = 00:35:31 (18) - Lauf = 00:22:06 (16)
30	29	Niehüser, Manfred	69	Ramsloh	TM40	7	1:11:48 Schwim = 00:12:58 (29) - Rad = 00:58:50 (107) - Lauf = 00:00:00 ()
31	30	Pottek, Moritz	89		TM20	4	1:12:03 Schwim = 00:11:47 (17) - Rad = 01:00:16 (110) - Lauf = 00:00:00 ()
32	31	Geisler, Andre	70	Tri Team TuS Engter	TM40	8	1:12:09 Schwim = 01:12:09 (140) - Rad = 00:00:00 () - Lauf = 00:00:00 ()
33	32	Neuhaus, Kai	74		TM35	7	1:12:11 Schwim = 00:13:11 (34) - Rad = 00:36:43 (25) - Lauf = 00:22:17 (17)
34	33	Schäpker, Egbert	73	SV Evenkamp	TM35	8	1:12:12 Schwim = 00:24:02 (120) - Rad = 00:48:10 (74) - Lauf = 00:00:00 ()
35	34	Welslan, Johannes	60	TSG 07 Burg Gretesch	TM50	2	1:12:49 Schwim = 00:19:27 (107) - Rad = 00:53:22 (88) - Lauf = 00:00:00 ()
36	35	Hoyer, Andreas	71	Magic Laiens Lohne	TM35	9	1:12:50 Schwim = 00:20:25 (113) - Rad = 00:52:25 (83) - Lauf = 00:00:00 ()
37	36	Masemann, Johann	52	TV Bruchhausen-Vilsen	TM55	1	1:12:59 Schwim = 00:14:29 (56) - Rad = 00:37:28 (27) - Lauf = 00:21:02 (12)
38	37	Hennen, Thomas	68		TM40	9	1:13:02 Schwim = 00:14:13 (52) - Rad = 00:58:49 (106) - Lauf = 00:00:00 ()
39	38	Kraus, Jürgen	62		TM45	4	1:13:05 Schwim = 00:12:11 (22) - Rad = 00:38:03 (32) - Lauf = 00:22:51 (22)
40	39	Oldenettel, Ingo	77	FC St. Pauli-Triathlon	TM30	3	1:13:11 Schwim = 01:13:11 (141) - Rad = 00:00:00 () - Lauf = 00:00:00 ()
41	40	Plagge, Marcel	81		TM25	5	1:13:30 Schwim = 00:21:41 (115) - Rad = 00:51:49 (80) - Lauf = 00:00:00 ()
42	41	Bledehorst, Jan-Erik	74		TM35	10	1:13:32 Schwim = 00:12:47 (26) - Rad = 00:37:34 (28) - Lauf = 00:23:11 (25)
43	42	Schluchter, Thomas	72	Tri Team TuS Engter	TM35	11	1:13:38 Schwim = 00:15:23 (70) - Rad = 00:58:15 (105) - Lauf = 00:00:00 ()
44	43	Grimm, Uwe	69	VffL Berumbur	TM40	10	1:14:19 Schwim = 00:12:27 (25) - Rad = 00:37:38 (29) - Lauf = 00:24:14 (30)
45	44	Langspecht, Bernd	67		TM40	11	1:14:41 Schwim = 00:12:55 (28) - Rad = 01:01:46 (116) - Lauf = 00:00:00 ()
46	45	Binder, Phillip	92	HSG Friesoythe	mJun	1	1:14:47 Schwim = 00:13:37 (42) - Rad = 01:01:10 (113) - Lauf = 00:00:00 ()
47	46	Dannebaum, Uwe	61		TM45	5	1:14:50 Schwim = 00:13:07 (32) - Rad = 01:01:43 (115) - Lauf = 00:00:00 ()
48	47	Thelken, Heinz-Hermann	62	ESV Tri-Team	TM45	6	1:14:54 Schwim = 00:14:03 (48) - Rad = 01:00:51 (112) - Lauf = 00:00:00 ()
49	2	Eckstein, Nadine	76	LC Nordhorn	TW30	1	1:15:21 Schwim = 00:11:05 (11) - Rad = 00:39:21 (38) - Lauf = 00:24:55 (37)
50	48	Lorenz, Christian	83		TM25	6	1:15:29 Schwim = 00:15:53 (78) - Rad = 00:37:02 (26) - Lauf = 00:22:34 (19)
51	49	Riesenbeck, Dominik	87		TM20	5	1:15:44 Schwim = 00:15:09 (67) - Rad = 00:35:58 (20) - Lauf = 00:24:37 (32)
52	3	Büscher, Susanne	67	1. TCO »Die Bären«	TW40	2	1:16:03 Schwim = 00:12:26 (24) - Rad = 01:03:37 (120) - Lauf = 00:00:00 ()

14. Internationaler Triathlon Thülsfelder Talsperre am 08.08.2010

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
53	50	Pancratz, Tobias	85		TM25	7	1:16:09
		Schwim = 00:16:03 (82) - Rad = 00:38:44 (35) - Lauf = 00:21:22 (13)					
54	51	Ammersilge, Tim	91		mJun	2	1:16:14
		Schwim = 00:15:41 (74) - Rad = 01:00:33 (111) - Lauf = 00:00:00 ()					
55	52	Lammers, Andreas	55	Tri Team Holterfehn	TM55	2	1:16:16
		Schwim = 00:15:14 (68) - Rad = 00:36:12 (23) - Lauf = 00:24:50 (35)					
56	53	Goosmann, Herbert	68	Holderfer Hof	TM40	12	1:16:30
		Schwim = 00:13:55 (45) - Rad = 01:02:35 (118) - Lauf = 00:00:00 ()					
57	54	Milde, Thomas	62		TM45	7	1:16:31
		Schwim = 00:12:53 (27) - Rad = 00:38:58 (37) - Lauf = 00:24:40 (34)					
58	55	Neuhaus, Stefan	70		TM40	13	1:16:35
		Schwim = 00:14:53 (61) - Rad = 01:01:42 (114) - Lauf = 00:00:00 ()					
59	56	Winkelmann, Ralf	65	VffL Berumbur	TM45	8	1:17:23
		Schwim = 00:15:05 (66) - Rad = 00:38:36 (34) - Lauf = 00:23:42 (29)					
60	57	Goldswear, Karl-Dieter	68	TuRa 07 Westrhauderfehn	TM40	14	1:17:43
		Schwim = 00:16:06 (83) - Rad = 00:40:00 (43) - Lauf = 00:21:37 (14)					
61	58	Janssen, Heiko	62	MTV Aurich Triathlon	TM45	9	1:17:44
		Schwim = 00:13:16 (36) - Rad = 00:38:08 (33) - Lauf = 00:26:20 (46)					
62	59	Hofmann, Malte	67		TM40	15	1:17:47
		Schwim = 00:54:35 (128) - Rad = 00:23:12 (2) - Lauf = 00:00:00 ()					
63	60	Randtke, Renee	64		TM45	10	1:17:51
		Schwim = 00:25:57 (124) - Rad = 00:51:54 (82) - Lauf = 00:00:00 ()					
64	61	Hülkamp, Christoph	72	Laufftreff Molbergen	TM35	12	1:17:53
		Schwim = 00:24:49 (123) - Rad = 00:53:04 (86) - Lauf = 00:00:00 ()					
65	62	Oltmanns, Peter	70	DJK Bösel	TM40	16	1:17:59
		Schwim = 00:15:00 (63) - Rad = 00:37:38 (30) - Lauf = 00:25:21 (39)					
66	63	Voß, Stefan	78	TV Bakum	TM30	4	1:18:06
		Schwim = 00:14:57 (62) - Rad = 00:39:34 (39) - Lauf = 00:23:35 (27)					
67	64	Körner, Andreas	66	Vorwärts Brake	TM40	17	1:18:09
		Schwim = 01:18:09 (142) - Rad = 00:00:00 () - Lauf = 00:00:00 ()					
68	65	Hoin, Bernard	62		TM45	11	1:18:11
		Schwim = 00:13:09 (33) - Rad = 00:42:21 (56) - Lauf = 00:22:41 (20)					
69	66	Ostermann, Michael	91		mJun	3	1:18:24
		Schwim = 00:14:32 (57) - Rad = 00:41:30 (51) - Lauf = 00:22:22 (18)					
70	67	Wichmann, Axel	69	Tri Team TuS Engter	TM40	18	1:18:37
		Schwim = 00:22:53 (119) - Rad = 00:55:44 (100) - Lauf = 00:00:00 ()					
71	68	Theile, Rüdiger	54	HSC-Hannover	TM55	3	1:18:39
		Schwim = 00:24:30 (122) - Rad = 00:54:09 (91) - Lauf = 00:00:00 ()					
72	69	Paul, Michael	60	Friesoythe	TM50	3	1:18:42
		Schwim = 00:14:12 (50) - Rad = 00:41:31 (52) - Lauf = 00:22:59 (24)					
73	4	Meiners, Marina	60	SC Weyhe	TW50	1	1:18:53
		Schwim = 00:14:45 (59) - Rad = 01:04:08 (121) - Lauf = 00:00:00 ()					
74	70	Rebensburg, Manfred	47	1. TCO "Die Bären"	TM60	1	1:18:59
		Schwim = 00:13:01 (30) - Rad = 01:05:58 (124) - Lauf = 00:00:00 ()					
75	71	Schröder, Ludger	64		TM45	12	1:19:09
		Schwim = 00:13:24 (39) - Rad = 00:41:08 (47) - Lauf = 00:24:37 (33)					
76	72	Janssen, Nanno	67	Germania Leer	TM40	19	1:19:10
		Schwim = 00:14:22 (54) - Rad = 01:04:48 (122) - Lauf = 00:00:00 ()					
77	5	Lüers, Kerstin	82	TuS Blau Weiß Lohne	TW25	1	1:19:12
		Schwim = 00:13:28 (41) - Rad = 00:40:08 (44) - Lauf = 00:25:20 (38)					
78	73	Wagner, Simon	82		TM25	8	1:20:03
		Schwim = 00:17:40 (102) - Rad = 01:02:23 (117) - Lauf = 00:00:00 ()					

14. Internationaler Triathlon Thülsfelder Talsperre am 08.08.2010

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
79	74	Kerßens, Andreas	67		TM40	20	1:20:27
		Schwim = 00:15:01 (64) - Rad = 00:39:45 (40) - Lauf = 00:25:41 (41)					
80	75	Kortylack, Michael	48	1. TCO »Die Bären«	TM60	2	1:20:39
		Schwim = 00:15:47 (77) - Rad = 00:41:11 (48) - Lauf = 00:23:41 (28)					
81	76	Schönhöft, Andreas	74	Tri Tra Tralala	TM35	13	1:20:43
		Schwim = 00:15:03 (65) - Rad = 00:39:48 (41) - Lauf = 00:25:52 (42)					
82	77	Poppenga, Berndt	71		TM35	14	1:21:27
		Schwim = 00:16:09 (84) - Rad = 00:39:52 (42) - Lauf = 00:25:26 (40)					
83	78	Schneider, Henrik	88		TM20	6	1:21:29
		Schwim = 00:15:45 (76) - Rad = 01:05:44 (123) - Lauf = 00:00:00 ()					
84	79	Behnen, Matthias	86	Bauernhof-erlebnisferien.de	TM20	7	1:21:46
		Schwim = 00:16:57 (95) - Rad = 00:41:51 (54) - Lauf = 00:22:58 (23)					
85	80	Braun, Mathias	66	Oldenburg	TM40	21	1:21:49
		Schwim = 00:14:25 (55) - Rad = 01:07:24 (126) - Lauf = 00:00:00 ()					
86	81	Beelmann, Frank	73	SV Eltern	TM35	15	1:21:49
		Schwim = 00:17:21 (99) - Rad = 00:41:47 (53) - Lauf = 00:22:41 (21)					
87	6	Brinkmann, Heike	73	SSV Gristede	TW35	1	1:21:52
		Schwim = 00:15:36 (73) - Rad = 01:06:16 (125) - Lauf = 00:00:00 ()					
88	82	Stegemann, Reinhard	62		TM45	13	1:22:03
		Schwim = 00:24:08 (121) - Rad = 00:57:55 (104) - Lauf = 00:00:00 ()					
89	83	Liebig, Wolfgang	71	Team Oldenburg Cycling	TM35	16	1:22:04
		Schwim = 01:22:04 (143) - Rad = 00:00:00 () - Lauf = 00:00:00 ()					
90	84	Adden, Martin	61		TM45	14	1:22:12
		Schwim = 00:13:55 (46) - Rad = 00:42:17 (55) - Lauf = 00:26:00 (44)					
91	85	Seiffert, Maximilian	79		TM30	5	1:22:13
		Schwim = 00:13:25 (40) - Rad = 00:41:17 (49) - Lauf = 00:27:31 (50)					
92	86	Ricker, Christoph	66	TuS Berge	TM40	22	1:22:18
		Schwim = 00:29:28 (127) - Rad = 00:52:50 (85) - Lauf = 00:00:00 ()					
93	87	Kusch, Stephan	67	TUS Wahnbek	TM40	23	1:22:31
		Schwim = 00:27:26 (125) - Rad = 00:55:05 (97) - Lauf = 00:00:00 ()					
94	88	Wigger, Hermann	58	LT Waldschleicher Lohne	TM50	4	1:22:55
		Schwim = 00:28:29 (126) - Rad = 00:54:26 (93) - Lauf = 00:00:00 ()					
95	89	Eisenhauer, Hubertus	77	Tri Team Engter	TM30	6	1:23:09
		Schwim = 00:54:45 (129) - Rad = 00:28:24 (5) - Lauf = 00:00:00 ()					
96	90	Reichert, Marcus	68	Team Erdinger Alkoholfrei	TM40	24	1:23:10
		Schwim = 00:56:52 (131) - Rad = 00:26:18 (4) - Lauf = 00:00:00 ()					
97	7	Kühling, Nicole	84	Blau Weiss Lohne	TW25	2	1:23:20
		Schwim = 00:13:13 (35) - Rad = 01:10:07 (130) - Lauf = 00:00:00 ()					
98	8	Voß, Rieke	80	TV Bakum	TW30	2	1:23:22
		Schwim = 00:14:12 (51) - Rad = 01:09:10 (129) - Lauf = 00:00:00 ()					
99	91	Boekhoff, Lars	86		TM20	8	1:23:24
		Schwim = 00:16:16 (87) - Rad = 00:40:30 (45) - Lauf = 00:26:38 (48)					
100	92	Janssen, Alwin	65	Sandlooper Sandhorst	TM45	15	1:23:29
		Schwim = 00:16:29 (91) - Rad = 00:38:46 (36) - Lauf = 00:28:14 (55)					
101	93	Schulz, Michael	62	LT TuS Aurich-Ost	TM45	16	1:23:31
		Schwim = 01:01:08 (133) - Rad = 00:22:23 (1) - Lauf = 00:00:00 ()					
102	94	Wijnhoven, Bert	60		TM50	5	1:23:49
		Schwim = 00:16:14 (86) - Rad = 01:07:35 (127) - Lauf = 00:00:00 ()					
103	95	Oldendorf, Günther	62		TM45	17	1:24:03
		Schwim = 00:16:17 (88) - Rad = 00:41:04 (46) - Lauf = 00:26:42 (49)					
104	96	Niemitz, Christoph	79		TM30	7	1:24:26
		Schwim = 00:55:23 (130) - Rad = 00:29:03 (12) - Lauf = 00:00:00 ()					

14. Internationaler Triathlon Thülsfelder Talsperre am 08.08.2010

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
105	9	Wigger, Irmgard	61	LT Waldschleicher Lohne	TW45	1	1:24:47
		Schwim = 00:09:23 (2) - Rad = 00:35:33 (19) - Lauf = 00:39:51 (74)					
106	97	Jeschke, Andreas	65		TM45	18	1:24:53
		Schwim = 00:15:31 (71) - Rad = 00:42:56 (58) - Lauf = 00:26:26 (47)					
107	98	Südbeck, Marzell	67		TM40	25	1:24:55
		Schwim = 00:16:01 (81) - Rad = 00:42:57 (59) - Lauf = 00:25:57 (43)					
108	99	Hermes, Jürgen	74	SV Rastdorf	TM35	17	1:24:56
		Schwim = 00:18:02 (105) - Rad = 00:43:33 (61) - Lauf = 00:23:21 (26)					
109	100	Wolke, Achim	66	TuS Berge	TM40	26	1:25:03
		Schwim = 00:13:40 (43) - Rad = 01:11:23 (131) - Lauf = 00:00:00 ()					
110	10	Hackbusch, Diana	76		TW30	3	1:25:43
		Schwim = 00:15:43 (75) - Rad = 00:41:26 (50) - Lauf = 00:28:34 (57)					
111	11	Randtke, Beate	65		TW45	2	1:25:56
		Schwim = 00:13:06 (31) - Rad = 01:12:50 (132) - Lauf = 00:00:00 ()					
112	101	Ketz, Christopher	71		TM35	18	1:26:30
		Schwim = 00:17:53 (104) - Rad = 01:08:37 (128) - Lauf = 00:00:00 ()					
113	12	Strotmann, Inka	72	Lauffreunde Emsland	TW35	2	1:26:31
		Schwim = 00:15:59 (80) - Rad = 00:44:14 (64) - Lauf = 00:26:18 (45)					
114	102	Bergstedt, Carsten	63	Burgläufer Dinklage	TM45	19	1:27:12
		Schwim = 00:15:57 (79) - Rad = 00:46:41 (73) - Lauf = 00:24:34 (31)					
115	13	Blömer, Julia	86	TV Bakum	TW20	1	1:27:22
		Schwim = 00:16:12 (85) - Rad = 00:42:59 (60) - Lauf = 00:28:11 (54)					
116	103	Klein, Helmut	46	SG Wasserratten Norderstedt	TM60	3	1:27:47
		Schwim = 00:15:19 (69) - Rad = 00:44:33 (65) - Lauf = 00:27:55 (51)					
117	104	Schulte, Lonie	65		TM45	20	1:28:12
		Schwim = 00:14:15 (53) - Rad = 00:43:48 (63) - Lauf = 00:30:09 (65)					
118	105	Heyens, Hans	55		TM55	4	1:28:14
		Schwim = 01:28:14 (144) - Rad = 00:00:00 () - Lauf = 00:00:00 ()					
119	106	Maisel, Guido	64	VFL Lönigen	TM45	21	1:28:15
		Schwim = 01:28:15 (145) - Rad = 00:00:00 () - Lauf = 00:00:00 ()					
120	107	Fredewess, Jan	87		TM20	9	1:28:16
		Schwim = 00:17:30 (101) - Rad = 00:42:39 (57) - Lauf = 00:28:07 (53)					
121	108	Schul, Derek	73		TM35	19	1:29:26
		Schwim = 00:16:49 (93) - Rad = 00:43:44 (62) - Lauf = 00:28:53 (61)					
122	14	Busch, Nadine	81		TW25	3	1:29:42
		Schwim = 00:15:34 (72) - Rad = 00:46:13 (70) - Lauf = 00:27:55 (52)					
123	15	Rolfes, Luzia	69	BV Garrel	TW40	3	1:29:44
		Schwim = 01:01:04 (132) - Rad = 00:28:40 (6) - Lauf = 00:00:00 ()					
124	16	Pleye, Michaela	76	DLRG Garrel	TW30	4	1:29:55
		Schwim = 00:14:51 (60) - Rad = 00:46:20 (72) - Lauf = 00:28:44 (60)					
125	109	Blauhut, Rolf	40		TM70	1	1:30:27
		Schwim = 00:16:52 (94) - Rad = 01:13:35 (133) - Lauf = 00:00:00 ()					
126	110	Hirsch, Frank-Hagen	67	Alte Herren rosten nicht!	TM40	27	1:30:56
		Schwim = 00:16:32 (92) - Rad = 00:45:25 (67) - Lauf = 00:28:59 (62)					
127	111	Koldehoff, Sebastian	76		TM30	8	1:30:58
		Schwim = 00:14:07 (49) - Rad = 00:48:10 (75) - Lauf = 00:28:41 (58)					
128	112	Wiards, Helmut	66		TM40	28	1:31:42
		Schwim = 00:17:17 (97) - Rad = 00:44:52 (66) - Lauf = 00:29:33 (64)					
129	17	Schölermann, Kathrin	81		TW25	4	1:32:39
		Schwim = 01:03:36 (134) - Rad = 00:29:03 (13) - Lauf = 00:00:00 ()					
130	113	Liebich, Dietmar	64		TM45	22	1:35:06
		Schwim = 00:17:19 (98) - Rad = 00:49:05 (77) - Lauf = 00:28:42 (59)					

14. Internationaler Triathlon Thülsfelder Talsperre am 08.08.2010

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
131	114	Schlömer, Wilfried	67		TM40	29	1:35:59
		Schwim = 00:19:59 (111) - Rad = 00:29:00 (7) - Lauf = 00:18:08 (1)					
132	115	Schneck, Stephan	79		TM30	9	1:36:26
		Schwim = 00:16:23 (89) - Rad = 00:50:38 (79) - Lauf = 00:29:25 (63)					
133	116	Bookjans, Jan	70	Tri Tra Tralala	TM40	30	1:37:27
		Schwim = 00:17:03 (96) - Rad = 00:49:03 (76) - Lauf = 00:31:21 (68)					
134	117	Fischer, Reinhard	45	RV-Kette	TM65	1	1:38:00
		Schwim = 00:20:35 (114) - Rad = 00:46:17 (71) - Lauf = 00:31:08 (67)					
135	118	Thomann, Matthias	71		TM35	20	1:39:05
		Schwim = 00:22:07 (117) - Rad = 00:46:02 (68) - Lauf = 00:30:56 (66)					
136	18	Milde, Birgit	60		TW50	2	1:40:16
		Schwim = 00:19:55 (109) - Rad = 00:29:00 (8) - Lauf = 00:20:33 (9)					
137	119	Mesterheide, Erwin	46	OTSV Pr. Oldendorf	TM60	4	1:42:12
		Schwim = 00:22:05 (116) - Rad = 00:46:09 (69) - Lauf = 00:33:58 (71)					
138	120	Hurley, Debby	77		TM30	10	1:42:23
		Schwim = 00:18:19 (106) - Rad = 00:51:50 (81) - Lauf = 00:32:14 (70)					
139	19	Kreye, Edith	55		TW55	1	1:42:28
		Schwim = 00:19:37 (108) - Rad = 00:29:00 (9) - Lauf = 00:21:43 (15)					
140	121	Jaroschek, Ulrich	57	TC-Köln-Jena	TM50	6	1:43:27
		Schwim = 00:16:25 (90) - Rad = 00:50:19 (78) - Lauf = 00:36:43 (73)					
141	122	Elsner, Günter	50	BSV Bremen	TM60	5	1:45:14
		Schwim = 00:17:44 (103) - Rad = 00:53:17 (87) - Lauf = 00:34:13 (72)					
142	123	Janssen, Heinrich	34	MTV Aurich Triathlon	TM70	2	1:45:40
		Schwim = 00:19:57 (110) - Rad = 00:29:00 (10) - Lauf = 00:24:53 (36)					
143	124	Holznagel, Lothar	61	OTSV Pr. Oldendorf	TM45	23	1:48:49
		Schwim = 00:17:26 (100) - Rad = 01:03:04 (119) - Lauf = 00:28:19 (56)					
144	125	Mohamed Ali, Amira	80		TM30	11	1:59:23
		Schwim = 00:20:12 (112) - Rad = 00:29:00 (11) - Lauf = 00:31:38 (69)					
145	126	Kruse, Sven	80	SV Bremen von 1910	TM30	12	9:99:99
		Schwim = 00:10:00 (5) - Rad = 10:30:39 (134) - Lauf = 00:00:00 ()					