

22.Triathlon Thülsfelder Talsperre am 04.08.2019

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
1	1	König, Tammo	77	1.TCO Die Bären	TM40	1	57:51
		Schwim = 00:10:14 (1) - Rad = 00:29:31 (1) - Lauf = 00:18:06 (1)					
2	2	Horlbeck, Dominique	99	TRI LIZARDS	TM20	1	59:22
		Schwim = 00:11:14 (8) - Rad = 00:29:42 (2) - Lauf = 00:18:26 (2)					
3	3	Meenken, Janno	94	DSC Oldenburg e.V.	TM25	1	1:00:18
		Schwim = 00:11:23 (11) - Rad = 00:30:16 (4) - Lauf = 00:18:39 (3)					
4	4	Hannawald, Finn	00	1. Triathlon Club Oldenburg e	mJun	1	1:02:40
		Schwim = 00:11:10 (7) - Rad = 00:32:17 (9) - Lauf = 00:19:13 (4)					
5	5	Szech, Manuel	85	1. Triathlon Club Oldenburg e	TM30	1	1:04:04
		Schwim = 00:12:12 (21) - Rad = 00:30:09 (3) - Lauf = 00:21:43 (24)					
6	6	Fredelake, Bernd	78	MTV Müden/Örtze	TM40	2	1:04:53
		Schwim = 00:12:06 (19) - Rad = 00:32:35 (12) - Lauf = 00:20:12 (11)					
7	7	Kögel, Matthias	85		TM30	2	1:05:05
		Schwim = 00:13:29 (36) - Rad = 00:32:18 (10) - Lauf = 00:19:18 (5)					
8	8	Freese, Mathias	86	1. Triathlon Club Oldenburg e	TM30	3	1:05:21
		Schwim = 00:13:45 (38) - Rad = 00:32:09 (8) - Lauf = 00:19:27 (7)					
9	9	Weier, Ralf	63	Marathon-Club Menden e.V.	TM55	1	1:05:33
		Schwim = 00:13:05 (29) - Rad = 00:31:01 (6) - Lauf = 00:21:27 (20)					
10	10	Strotmann, Matthias	74		TM45	1	1:05:56
		Schwim = 00:15:00 (66) - Rad = 00:30:59 (5) - Lauf = 00:19:57 (9)					
11	11	Ehrentraut, Mathias	79	1. Triathlon Club Oldenburg e	TM40	3	1:06:08
		Schwim = 00:12:21 (23) - Rad = 00:32:41 (13) - Lauf = 00:21:06 (15)					
12	12	Grotelüschen, Wolfgang	66	1. tco die bären	TM50	1	1:06:24
		Schwim = 00:11:18 (10) - Rad = 00:34:33 (32) - Lauf = 00:20:33 (13)					
13	13	Schöchle, Kai	74	Triathlon Team Lüneburg	TM45	2	1:06:37
		Schwim = 00:12:49 (28) - Rad = 00:33:01 (18) - Lauf = 00:20:47 (14)					
14	1	Schmitz-Elvenich, Anke	71	OSC Bremerhaven - Triathlon	TW45	1	1:07:02
		Schwim = 00:11:54 (17) - Rad = 00:33:49 (26) - Lauf = 00:21:19 (17)					
15	14	Schwarte, Markus	81	SUS Darme	TM35	1	1:07:25
		Schwim = 00:14:56 (62) - Rad = 00:33:07 (21) - Lauf = 00:19:22 (6)					
16	15	Dall, Tobias	86	Fitness Zuhause by Julian Sch	TM30	4	1:07:30
		Schwim = 00:14:51 (61) - Rad = 00:32:45 (15) - Lauf = 00:19:54 (8)					
17	16	Casser, Matthis	98	VfL Lönningen e.V. von 1903	TM20	2	1:08:01
		Schwim = 00:11:32 (13) - Rad = 00:35:11 (44) - Lauf = 00:21:18 (16)					
18	17	Glose, Frank	66	TuS Bersenbrück von 1895 e.V.	TM50	2	1:08:09
		Schwim = 00:13:56 (44) - Rad = 00:31:57 (7) - Lauf = 00:22:16 (29)					
19	18	Lanfer, Julian	95	BV Garrel	TM20	3	1:08:13
		Schwim = 00:13:39 (37) - Rad = 00:33:13 (24) - Lauf = 00:21:21 (18)					
20	19	Gilster, Matthias	67	TRI LIZARDS	TM50	3	1:08:41
		Schwim = 00:13:53 (41) - Rad = 00:33:04 (19) - Lauf = 00:21:44 (26)					
21	2	Günthner, Antje	75	1. Triathlon Club Oldenburg e	TW40	1	1:08:50
		Schwim = 00:13:15 (32) - Rad = 00:33:58 (27) - Lauf = 00:21:37 (21)					
22	20	Schmitz-Elvenich, Guido	69		TM50	4	1:08:58
		Schwim = 00:10:31 (4) - Rad = 00:34:49 (33) - Lauf = 00:23:38 (40)					
23	21	Siegmund, Andreas	75	TuS Blau-Weiß Lohne von 1894	TM40	4	1:09:10
		Schwim = 00:13:52 (40) - Rad = 00:33:17 (25) - Lauf = 00:22:01 (27)					
24	22	Beator, Nico	81	Emsauen Sportsclub	TM35	2	1:09:40
		Schwim = 00:13:58 (45) - Rad = 00:33:59 (28) - Lauf = 00:21:43 (25)					
25	23	Kankel, Jens	66	1. Triathlon Club Oldenburg e	TM50	5	1:10:01
		Schwim = 00:12:15 (22) - Rad = 00:32:26 (11) - Lauf = 00:25:20 (57)					
26	24	Zieker, Enrico	76	TuS Eintracht Hinte 1910 e.V.	TM40	5	1:10:27
		Schwim = 00:14:42 (58) - Rad = 00:33:07 (22) - Lauf = 00:22:38 (33)					

22.Triathlon Thülsfelder Talsperre am 04.08.2019

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
27	25	Bullerdiek, Frank	63	Velo Westerstede	TM55	2	1:10:42
		Schwim = 00:14:14 (50) - Rad = 00:32:47 (16) - Lauf = 00:23:41 (42)					
28	3	Schmidt, Katharina	93	1. Triathlon Club Oldenburg e	TW25	1	1:10:47
		Schwim = 00:13:13 (31) - Rad = 00:35:08 (41) - Lauf = 00:22:26 (30)					
29	26	Dr. Gloddek, Bertrand	61	Union Meppen	TM55	3	1:10:52
		Schwim = 00:11:17 (9) - Rad = 00:34:52 (34) - Lauf = 00:24:43 (53)					
30	27	Janssen, Alwin	70		TM45	3	1:11:03
		Schwim = 00:14:56 (63) - Rad = 00:33:06 (20) - Lauf = 00:23:01 (35)					
31	28	Hamann, Kim	77	Die Müller	TM40	6	1:11:08
		Schwim = 00:12:03 (18) - Rad = 00:35:07 (39) - Lauf = 00:23:58 (44)					
32	29	Sobaszkievicz, Marc	92	LP-Racing Team	TM25	2	1:11:11
		Schwim = 00:14:43 (59) - Rad = 00:33:09 (23) - Lauf = 00:23:19 (37)					
33	30	Wollering, Thorsten	72	GW Mühlen	TM45	4	1:11:18
		Schwim = 00:16:57 (98) - Rad = 00:32:59 (17) - Lauf = 00:21:22 (19)					
34	31	Gustavo, Flamma	66	2 tco die bären	TM50	6	1:11:35
		Schwim = 00:13:46 (39) - Rad = 00:34:26 (30) - Lauf = 00:23:23 (38)					
35	32	Stoll, Matthias	76	Team Erdinger Alkoholfrei	TM40	7	1:11:41
		Schwim = 00:12:27 (25) - Rad = 00:37:33 (65) - Lauf = 00:21:41 (23)					
36	33	Dierkes, Frank	63	KBV Liekut Hand Etzel e.V.	TM55	4	1:13:22
		Schwim = 00:16:38 (91) - Rad = 00:35:06 (38) - Lauf = 00:21:38 (22)					
37	34	Sanz, Carlos	85		TM30	5	1:13:42
		Schwim = 00:15:10 (72) - Rad = 00:34:31 (31) - Lauf = 00:24:01 (45)					
38	35	Schröder, Ludger	64	VfL Markhausen	TM55	5	1:13:46
		Schwim = 00:13:26 (35) - Rad = 00:36:02 (52) - Lauf = 00:24:18 (48)					
39	36	Frerichs, Manfred	58	Ender Laufgemeinschaft e.V.	TM60	1	1:14:03
		Schwim = 00:16:34 (89) - Rad = 00:34:01 (29) - Lauf = 00:23:28 (39)					
40	37	Untiedt, Steffen	95	BV Garrel	TM20	4	1:14:11
		Schwim = 00:11:51 (16) - Rad = 00:39:44 (95) - Lauf = 00:22:36 (32)					
41	38	Ireland, Simon	82	SV Eggetal Eininghausen Bör	TM35	3	1:14:13
		Schwim = 00:16:07 (83) - Rad = 00:37:41 (69) - Lauf = 00:20:25 (12)					
42	39	Fleißner, Christian	96	MTV Aurich 1862 e.V.	TM20	5	1:14:25
		Schwim = 00:16:32 (88) - Rad = 00:32:41 (14) - Lauf = 00:25:12 (55)					
43	40	Munk, Thomas	68	Rhauderfehn	TM50	7	1:14:41
		Schwim = 00:16:21 (86) - Rad = 00:35:02 (35) - Lauf = 00:23:18 (36)					
44	41	Hüske, Torsten	71		TM45	5	1:14:53
		Schwim = 00:13:17 (33) - Rad = 00:35:05 (37) - Lauf = 00:26:31 (68)					
45	42	Schwarte, Dieter	64	Quakenbrücker Sportclub von 1	TM55	6	1:15:01
		Schwim = 00:15:28 (76) - Rad = 00:35:10 (42) - Lauf = 00:24:23 (49)					
46	43	Witte, Carsten	77	Die drei Fragezeichen	TM40	8	1:15:03
		Schwim = 00:14:26 (54) - Rad = 00:35:12 (46) - Lauf = 00:25:25 (58)					
47	44	Heskamp, Jan	73	Team Erdinger Alkoholfrei	TM45	6	1:15:04
		Schwim = 00:12:07 (20) - Rad = 00:35:10 (43) - Lauf = 00:27:47 (88)					
48	4	Parulewski, Nicole	76		TW40	2	1:15:04
		Schwim = 00:17:21 (101) - Rad = 00:35:03 (36) - Lauf = 00:22:40 (34)					
49	5	Hellebusch, Ina	84		TW35	1	1:15:31
		Schwim = 00:15:05 (69) - Rad = 00:37:54 (75) - Lauf = 00:22:32 (31)					
50	45	Bookjans, Jan	72	Hansa Friesoythe	TM45	7	1:15:41
		Schwim = 00:10:57 (6) - Rad = 00:38:12 (78) - Lauf = 00:26:32 (69)					
51	46	Schlütemann, Kai	96	Die Müller	TM20	6	1:15:42
		Schwim = 00:11:34 (14) - Rad = 00:40:29 (105) - Lauf = 00:23:39 (41)					
52	47	Schäpker, Egbert	73	SV Evenkamp e.V.	TM45	8	1:15:56
		Schwim = 00:16:56 (97) - Rad = 00:36:50 (59) - Lauf = 00:22:10 (28)					

22.Triathlon Thülsfelder Talsperre am 04.08.2019

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
53	6	Brand, Ira	72	Triathlon Team Otterndorf	TW45	2	1:16:02
		Schwim = 00:15:05 (70) - Rad = 00:36:17 (54) - Lauf = 00:24:40 (51)					
54	48	Wille, Arndt	80	Wo ist Torben?	TM35	4	1:16:13
		Schwim = 00:10:20 (2) - Rad = 00:39:00 (87) - Lauf = 00:26:53 (74)					
55	49	Borrmann, Felix	82		TM35	5	1:16:23
		Schwim = 00:15:08 (71) - Rad = 00:35:25 (47) - Lauf = 00:25:50 (63)					
56	50	Körner, Andreas	66	Stedinger Turnverein Berne	TM50	8	1:16:26
		Schwim = 00:11:23 (12) - Rad = 00:38:37 (82) - Lauf = 00:26:26 (67)					
57	7	Stasiak-Uelzen, Karolina	81	Otterndorf Triathlon Team	TW35	2	1:17:03
		Schwim = 00:12:31 (27) - Rad = 00:37:35 (68) - Lauf = 00:26:57 (76)					
58	8	Schöchle, Eileen	73	Triathlon Team Lüneburg	TW45	3	1:17:04
		Schwim = 00:16:09 (84) - Rad = 00:36:41 (57) - Lauf = 00:24:14 (47)					
59	9	Espinoza, Mariana	91		TW25	2	1:17:05
		Schwim = 00:10:38 (5) - Rad = 00:41:46 (112) - Lauf = 00:24:41 (52)					
60	51	Mryka, Tom	79	Fitcoach Tom	TM40	9	1:17:42
		Schwim = 00:15:02 (67) - Rad = 00:38:57 (86) - Lauf = 00:23:43 (43)					
61	52	Hiepel, Thorsten	69	St. Pauli	TM50	9	1:17:48
		Schwim = 00:13:55 (43) - Rad = 00:37:52 (72) - Lauf = 00:26:01 (65)					
62	53	Hermeling, Matthias	70	FC Rastede e.V.	TM45	9	1:18:12
		Schwim = 00:12:24 (24) - Rad = 00:40:18 (101) - Lauf = 00:25:30 (59)					
63	54	Kuhlmann, Jürgen	64	Radsportfreunde Edeweicht	TM55	7	1:18:23
		Schwim = 00:15:03 (68) - Rad = 00:37:33 (66) - Lauf = 00:25:47 (62)					
64	55	Winkelmann, Ralf	65	TV Norden	TM50	10	1:18:37
		Schwim = 00:15:54 (80) - Rad = 00:35:35 (48) - Lauf = 00:27:08 (78)					
65	56	Wolke, Achim	66	TuS Berge	TM50	11	1:18:47
		Schwim = 00:14:56 (64) - Rad = 00:35:46 (49) - Lauf = 00:28:05 (93)					
66	10	Engelhardt, Nicole	85	Team Tom	TW30	1	1:19:02
		Schwim = 00:16:52 (95) - Rad = 00:36:55 (60) - Lauf = 00:25:15 (56)					
67	57	Grimm, Uwe	69	Norder Turnverein von 1861	TM50	12	1:19:14
		Schwim = 00:17:44 (108) - Rad = 00:35:55 (51) - Lauf = 00:25:35 (60)					
68	11	Friesenborg, Monika	69	Ender Laufgemeinschaft e.V.	TW50	1	1:19:18
		Schwim = 00:16:45 (94) - Rad = 00:35:46 (50) - Lauf = 00:26:47 (73)					
69	58	Oltmanns, Julius	98		TM20	7	1:19:38
		Schwim = 00:15:17 (75) - Rad = 00:37:00 (61) - Lauf = 00:27:21 (82)					
70	12	Kathmann, Martina	75		TW40	3	1:19:49
		Schwim = 00:16:05 (82) - Rad = 00:38:01 (76) - Lauf = 00:25:43 (61)					
71	13	Wittek, Claudia	69	MTV Aurich 1862 e.V.	TW50	2	1:19:51
		Schwim = 00:16:54 (96) - Rad = 00:37:52 (73) - Lauf = 00:25:05 (54)					
72	14	Bohl, Cordula	67		TW50	3	1:19:55
		Schwim = 00:14:04 (46) - Rad = 00:39:16 (88) - Lauf = 00:26:35 (70)					
73	59	Manske, Dietmar	70	Die drei Fragezeichen	TM45	10	1:20:03
		Schwim = 00:18:00 (112) - Rad = 00:35:07 (40) - Lauf = 00:26:56 (75)					
74	60	Hülkamp, Hannes	01		mJun	2	1:20:04
		Schwim = 00:14:17 (52) - Rad = 00:39:45 (96) - Lauf = 00:26:02 (66)					
75	61	Hoffmann, Frank	64	Sport-Verein Ofenerdiek e.V.	TM55	8	1:20:12
		Schwim = 00:15:16 (74) - Rad = 00:36:37 (56) - Lauf = 00:28:19 (97)					
76	62	Litau, Andreas	79		TM40	10	1:20:20
		Schwim = 00:14:43 (60) - Rad = 00:37:20 (63) - Lauf = 00:28:17 (95)					
77	15	Niederberger, Stefanie	84		TW35	3	1:20:23
		Schwim = 00:13:18 (34) - Rad = 00:36:29 (55) - Lauf = 00:30:36 (119)					
78	63	Detjen, Peter	62	ESV Tri-Team Edeweicht	TM55	9	1:20:37
		Schwim = 00:14:31 (55) - Rad = 00:38:23 (81) - Lauf = 00:27:43 (85)					

22.Triathlon Thülsfelder Talsperre am 04.08.2019

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
79	64	Schmidt, Ulrich	58	TuS Bersenbrück von 1895 e.V.	TM60	2	1:20:44
		Schwim = 00:17:44 (109) - Rad = 00:35:11 (45) - Lauf = 00:27:49 (90)					
80	65	Ostendorf, Holger	71	VfL Lönigen e.V. von 1903	TM45	11	1:20:45
		Schwim = 00:14:12 (49) - Rad = 00:42:00 (114) - Lauf = 00:24:33 (50)					
81	16	Möller, Theresa	90	Team einmal-um-den-Pudding	TW25	3	1:21:05
		Schwim = 00:18:28 (116) - Rad = 00:42:37 (120) - Lauf = 00:20:00 (10)					
82	17	Herwig, Maike	69	Turn-und Sportgemeinschaft HaTW50		4	1:21:08
		Schwim = 00:16:23 (87) - Rad = 00:37:34 (67) - Lauf = 00:27:11 (79)					
83	66	Lücke, Gerhard	63	SC Union Emlichheim e.V.	TM55	10	1:21:17
		Schwim = 00:14:07 (47) - Rad = 00:37:43 (70) - Lauf = 00:29:27 (107)					
84	67	Bakenhus, Dirk	79	Oldenburg	TM40	11	1:21:26
		Schwim = 00:19:28 (124) - Rad = 00:37:52 (74) - Lauf = 00:24:06 (46)					
85	18	Möller, Amelie	89	Team einmal-um-den-Pudding	TW30	2	1:21:35
		Schwim = 00:14:40 (56) - Rad = 00:37:43 (71) - Lauf = 00:29:12 (106)					
86	68	Brinkmann, Arnold	82	SV Hansa Friesoythe Tri-Freak	TM35	6	1:22:06
		Schwim = 00:13:09 (30) - Rad = 00:36:12 (53) - Lauf = 00:32:45 (129)					
87	69	Reiffers, Jan	66	GVAV Triathlon Groningen	TM50	13	1:22:15
		Schwim = 00:10:27 (3) - Rad = 00:38:19 (79) - Lauf = 00:33:29 (130)					
88	70	Husmann, Jens	73	Rastede	TM45	12	1:22:16
		Schwim = 00:17:47 (110) - Rad = 00:36:47 (58) - Lauf = 00:27:42 (84)					
89	19	Krause, Silke	64	Marathon-Club Menden e.V.	TW55	1	1:22:46
		Schwim = 00:15:57 (81) - Rad = 00:38:56 (85) - Lauf = 00:27:53 (91)					
90	20	Koopmann, Laura	94	Team einmal-um-den-Pudding	TW25	4	1:22:50
		Schwim = 00:14:18 (53) - Rad = 00:40:29 (106) - Lauf = 00:28:03 (92)					
91	71	Raker, Volker	73		TM45	13	1:23:37
		Schwim = 00:17:22 (102) - Rad = 00:39:39 (93) - Lauf = 00:26:36 (71)					
92	21	Dr. Schulte-Altrogge, Lonie	65		TW50	5	1:23:48
		Schwim = 00:15:11 (73) - Rad = 00:38:55 (84) - Lauf = 00:29:42 (109)					
93	72	Heyens, Johannes	55		TM60	3	1:23:48
		Schwim = 00:16:42 (93) - Rad = 00:37:21 (64) - Lauf = 00:29:45 (110)					
94	22	Büssing, Vivien	98	SG Voßberg-Lohne	TW20	1	1:23:54
		Schwim = 00:14:16 (51) - Rad = 00:40:46 (107) - Lauf = 00:28:52 (103)					
95	73	Fredeweß, Jan	87		TM30	6	1:24:18
		Schwim = 00:17:15 (99) - Rad = 00:39:22 (90) - Lauf = 00:27:41 (83)					
96	23	Bonin, Farina	97		TW20	2	1:24:23
		Schwim = 00:15:28 (77) - Rad = 00:39:20 (89) - Lauf = 00:29:35 (108)					
97	24	Kalvelage, Johanna	89	TV Cloppenburg - Volleyball	TW30	3	1:24:39
		Schwim = 00:17:17 (100) - Rad = 00:40:20 (102) - Lauf = 00:27:02 (77)					
98	25	Ostendorf, Marie	02	VfL Lönigen e.V. von 1903	wJA	1	1:24:47
		Schwim = 00:12:27 (26) - Rad = 00:44:32 (131) - Lauf = 00:27:48 (89)					
99	26	Käding, Claudia	90		TW25	5	1:24:57
		Schwim = 00:11:43 (15) - Rad = 00:42:23 (116) - Lauf = 00:30:51 (122)					
100	74	Fortmann, Ulrich	66	Oldenburger Schwimmverein	TM50	14	1:25:03
		Schwim = 00:14:41 (57) - Rad = 00:39:47 (97) - Lauf = 00:30:35 (118)					
101	75	Klose, Michael	64		TM55	11	1:25:06
		Schwim = 00:18:58 (119) - Rad = 00:37:04 (62) - Lauf = 00:29:04 (104)					
102	27	Rheinländer, Rebecca	95	BTV	TW20	3	1:25:35
		Schwim = 00:16:36 (90) - Rad = 00:38:42 (83) - Lauf = 00:30:17 (115)					
103	76	Grimm, Lennert	02	Norder Turnverein von 1861	mJA	1	1:25:37
		Schwim = 00:17:42 (106) - Rad = 00:38:08 (77) - Lauf = 00:29:47 (112)					
104	77	Harms, Gerold	67	Norder Turnverein von 1861	TM50	15	1:25:50
		Schwim = 00:16:14 (85) - Rad = 00:40:28 (104) - Lauf = 00:29:08 (105)					

22.Triathlon Thülsfelder Talsperre am 04.08.2019

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
105	78	Lüke, Thomas	68	SSC 90 SHS	TM50	16	1:26:30
		Schwim = 00:15:42 (79) - Rad = 00:39:50 (98) - Lauf = 00:30:58 (123)					
106	28	Krampe, Marie	98		TW20	4	1:26:43
		Schwim = 00:16:39 (92) - Rad = 00:42:50 (123) - Lauf = 00:27:14 (81)					
107	29	Krampe, Lena	96		TW20	5	1:26:43
		Schwim = 00:18:04 (113) - Rad = 00:41:26 (109) - Lauf = 00:27:13 (80)					
108	79	Ott, Ingo	65	Team Auszeit Wildeshausen	TM50	17	1:26:48
		Schwim = 00:15:37 (78) - Rad = 00:40:21 (103) - Lauf = 00:30:50 (121)					
109	30	Stühmeier, Corinna	91	Quakenbrücker Turn- und Sport	TW25	6	1:27:18
		Schwim = 00:14:58 (65) - Rad = 00:42:23 (117) - Lauf = 00:29:57 (114)					
110	80	Becker, Thomas	59		TM60	4	1:27:26
		Schwim = 00:13:53 (42) - Rad = 00:39:36 (91) - Lauf = 00:33:57 (133)					
111	81	Kück, Matthias	61	Auszeit Wildeshausen	TM55	12	1:27:27
		Schwim = 00:18:40 (118) - Rad = 00:38:20 (80) - Lauf = 00:30:27 (116)					
112	82	Kretzschmar, Benny	91		TM25	3	1:27:44
		Schwim = 00:18:21 (114) - Rad = 00:42:44 (122) - Lauf = 00:26:39 (72)					
113	83	Zietlow, Jürgen	68	Bundeswehr Meppen	TM50	18	1:27:48
		Schwim = 00:19:31 (125) - Rad = 00:40:00 (99) - Lauf = 00:28:17 (96)					
114	84	Hanekamp, Heiner	62		TM55	13	1:27:49
		Schwim = 00:17:24 (103) - Rad = 00:39:43 (94) - Lauf = 00:30:42 (120)					
115	85	Berner, Jan	66		TM50	19	1:28:35
		Schwim = 00:17:34 (105) - Rad = 00:42:30 (119) - Lauf = 00:28:31 (99)					
116	86	Behrens, Ulrich	59	SV Hansa Friesoythe Tri-Freak	TM60	5	1:28:40
		Schwim = 00:18:35 (117) - Rad = 00:39:38 (92) - Lauf = 00:30:27 (117)					
117	31	Strubbe, Imke	85		TW30	4	1:28:52
		Schwim = 00:19:27 (123) - Rad = 00:41:41 (111) - Lauf = 00:27:44 (86)					
118	87	Strubbe, Ralph	86		TM30	7	1:28:53
		Schwim = 00:19:15 (120) - Rad = 00:43:46 (128) - Lauf = 00:25:52 (64)					
119	88	Moorbrink, Markus	75		TM40	12	1:29:34
		Schwim = 00:20:29 (126) - Rad = 00:40:53 (108) - Lauf = 00:28:12 (94)					
120	32	Raker, Kerstin	76		TW40	4	1:30:22
		Schwim = 00:19:21 (122) - Rad = 00:42:13 (115) - Lauf = 00:28:48 (102)					
121	89	Dominguez Ventura, Juan Pablo	86		TM30	8	1:30:46
		Schwim = 00:17:42 (107) - Rad = 00:44:19 (129) - Lauf = 00:28:45 (101)					
122	90	Gödeke, Reinhard	65	WSU Tri-Team Warendorf	TM50	20	1:31:26
		Schwim = 00:14:10 (48) - Rad = 00:43:27 (125) - Lauf = 00:33:49 (131)					
123	91	Szabolcs, Herman	71	Tri-Freaks SV Hansa Friesoyth	TM45	14	1:31:56
		Schwim = 00:17:31 (104) - Rad = 00:44:39 (132) - Lauf = 00:29:46 (111)					
124	92	Buchmüller, Dietrich	84		TM35	7	1:33:50
		Schwim = 00:23:21 (137) - Rad = 00:42:43 (121) - Lauf = 00:27:46 (87)					
125	93	Weymann, Jörg	68		TM50	21	1:35:00
		Schwim = 00:26:31 (141) - Rad = 00:40:03 (100) - Lauf = 00:28:26 (98)					
126	33	Rheinländer, Nicole	63		TW55	2	1:35:17
		Schwim = 00:21:24 (130) - Rad = 00:42:24 (118) - Lauf = 00:31:29 (124)					
127	94	Rhode, Rouven	03		mJA	2	1:35:27
		Schwim = 00:18:25 (115) - Rad = 00:41:51 (113) - Lauf = 00:35:11 (134)					
128	95	Holznagel, Lothar	61	OTSV Preußisch Oldendorf e.V.	TM55	14	1:35:39
		Schwim = 00:22:00 (135) - Rad = 00:41:26 (110) - Lauf = 00:32:13 (128)					
129	96	Scheer, Stefan	64	Lauffreunde SV Dohren	TM55	15	1:35:48
		Schwim = 00:19:17 (121) - Rad = 00:47:59 (137) - Lauf = 00:28:32 (100)					
130	34	Bacaicoa Elias, Gimena	85		TW30	5	1:38:33
		Schwim = 00:20:58 (129) - Rad = 00:45:29 (136) - Lauf = 00:32:06 (127)					

22. Triathlon Thülsfelder Talsperre am 04.08.2019

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
131	35	Kleffmüller, Christa	63	Turnverein Concordia von 1864	TW55	3	1:39:45
		Schwim = 00:20:29 (127) - Rad = 00:45:26 (135) - Lauf = 00:33:50 (132)					
132	97	Hirschmann, Martin	65	Tauchverein Depphin e.V.	TM50	22	1:39:53
		Schwim = 00:24:57 (139) - Rad = 00:45:08 (134) - Lauf = 00:29:48 (113)					
133	36	Kreye, Edith	55		TW60	1	1:40:06
		Schwim = 00:23:23 (138) - Rad = 00:44:40 (133) - Lauf = 00:32:03 (126)					
134	37	Karsch, Claudia	73	SV Fortuna Einen 1919 e.V.	TW45	4	1:41:02
		Schwim = 00:21:50 (134) - Rad = 00:43:43 (127) - Lauf = 00:35:29 (135)					
135	98	Degenhardt, Dennis	75		TM40	13	1:41:03
		Schwim = 00:21:49 (133) - Rad = 00:43:42 (126) - Lauf = 00:35:32 (136)					
136	99	Knüppel, Horst	42	Elisabethfehn	TM75	1	1:41:28
		Schwim = 00:26:18 (140) - Rad = 00:43:24 (124) - Lauf = 00:31:46 (125)					
137	38	Rassel, Monika	69		TW50	6	1:43:13
		Schwim = 00:22:26 (136) - Rad = 00:44:20 (130) - Lauf = 00:36:27 (139)					
138	39	Heitgerken, Susanne	63	WSV	TW55	4	1:46:53
		Schwim = 00:21:25 (131) - Rad = 00:49:50 (140) - Lauf = 00:35:38 (137)					
139	100	Heitgerken, Manfred	61		TM55	16	1:46:54
		Schwim = 00:21:26 (132) - Rad = 00:49:47 (139) - Lauf = 00:35:41 (138)					
140	101	Wiese, Peter	03		mJA	3	1:50:41
		Schwim = 00:17:59 (111) - Rad = 00:49:40 (138) - Lauf = 00:43:02 (141)					
141	40	Zijlstra, Astrid	60	SV Friesland	TW55	5	1:52:14
		Schwim = 00:20:50 (128) - Rad = 00:52:08 (141) - Lauf = 00:39:16 (140)					